Activity	Duration min	Role Players
Opening of Meeting	5 min	President/MOC
Practice Mind Exercises/	25 min	Alpha TMC Trainer
Behaviour Change Exercises		
LMP learning	25 min	Alpha TMC Trainer
Break	10 min	
BMP Presentation 1	15 min	Presenter 1
BMP Presentation 2	15 min	Presenter 2
Implementation	20 min	Audience
Feedbacks/Acting		
Meeting Closing and	5 min	MOC/President
Announcements		