

## Basic Health and Safety Course for beginners, HS1 (24 hours)

Note: The students have three options of joining the course: Option A, B or C

Topics Covered	Fees	Marketing Service
<b>Basic Health and Safety Course for beginners, HS1 (24 hours)</b>	<b>Option A</b> Pay Fees	<b>Option B</b> Free Course
1. Human Body System 2. Safety Management Systems & Hazards 3. First Aid 4. Electricity Hazards 5. Driving Hazards 6. Noise Hazards 7. Vibration Hazards 8. Radiation Hazards 9. Stress Hazards 10. Hazards at Home	Rs. 6000/- (Indian Rupees) for 24 hours course	Do Marketing, & Course is free Bring 9 confirmed customers within 6 months

### Option C

#### Become a Translator/Facilitator/Trainee

##### ***How to become a Translator/Facilitator/Trainee***

To market the Alpha TMC Courses and arrange 5 batches for conducting any of the five courses offered by Alpha TMC. Each batch can have 3 to 10 students. After the batch is ready, the students will pay the fees to Alpha TMC account. On confirmation of payment received, Alpha TMC would arrange a coach to conduct training to students and coach the trainee.

##### ***How the Trainee gets qualified to become a Trainer***

After five batches of training completed, the trainee shall conduct a test batch freely independently without the support of Coach for same full course. The feedback given by participants and recording of presentation to be submitted to Alpha TMC committee to review.

If the joint feedback from participants and committee is very good or excellent, then the trainee will become a trainer cum coach. If the joint feedback from participants and committee is average or good, then the trainee must repeat the course again freely to another test batch until to become a trainer cum coach

